

# エクストリームシリーズ2010 奥大井大会

## 奥大井大会 参加チームコメント

**Morris's Minor Morris Philip さん**

We really enjoyed this fantastic race in such beautiful countryside and with great weather. We were given excellent instructions of what the race would involve beforehand and were excited at what lay in store for us in the day ahead. The first few stages were not too difficult and the challenges were great fun. The mountain bike stage however we found really tough and took us much longer than we had thought. Despite capsizing our canoe in the river we managed to complete this stage quite quickly and then set off on the very tough last climb. By this stage we were very tired and just missed out on making the cut off time for the second to last checkpoint We would really like to thank the organisers and helpers who did such a fantastic job. We hope to come back next year where with a bit more training we might be able to finish!